

#### **Army Benefits Center - Civilian**

# Civil Service Retirement System (CSRS) Overview



#### INTRODUCTION

ABC-C MISSION: We are a top performing, caring team of Civilian Human Resource professionals providing quality benefits and entitlements services to our customers through a centralized automated contact center.

ABC-C SERVICES: Provide advisory services and process transactions for:

Federal Employees Health Benefits (FEHB) Federal Employees' Group Life Insurance (FEGLI)

Thrift Savings Plan (TSP)
Retirement (FERS & CSRS)
Survivorship (Death Claim Processing)
Unemployment Compensation (Toll Free

**Unemployment Compensation (Toll Free** 1-866-792-7620)



#### **ABC-C SYSTEMS**

### Employee Benefits Information System (EBIS) – Web Based

- Customer-friendly
- Available 24 hours a day (with CAC access)
- Secure site
- Requires use of SSN and PIN
- Ability to read at convenience
- Ability to print screens of information
- Can process benefits transactions without counselor assistance
- Ability to print benefits forms
- Estimate calculators
- ABC-C website: <a href="https://www.abc.army.mil">https://www.abc.army.mil</a>

#### **ABC-C SYSTEMS**

#### **Telephone**

Lets you connect with a counselor



Available to those without computer access

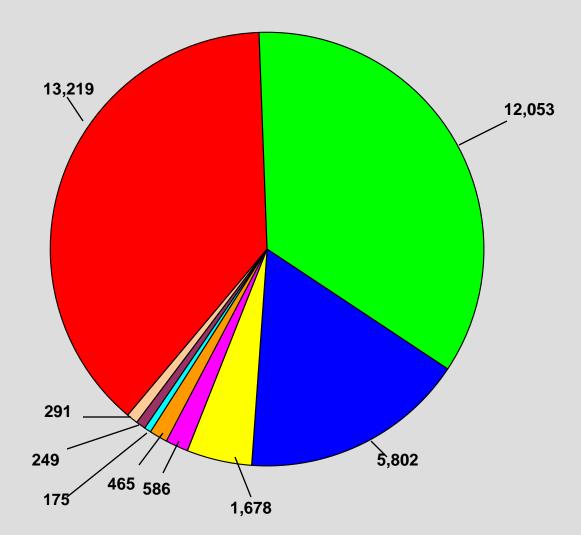
- Counselors are available 12 hours a day
- ABC-C toll-free telephone number is 1-877-276-9287

#### **PRODUCTION SUMMARY**

#### 1 JANUARY - 31 DECEMBER 2013

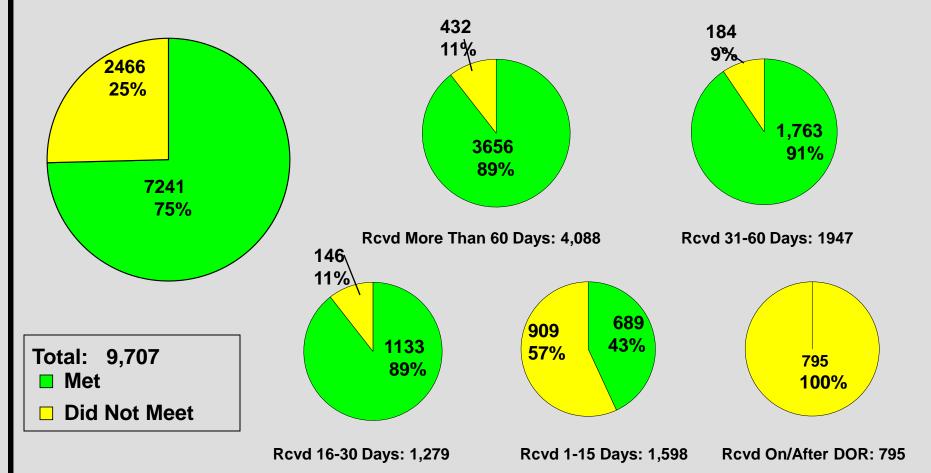


- Retirements & Disabilities
- Post 56 Military Deposit
- □ Deposit/Redeposit
- **□TCC**
- Death Actions
- **□** Family Member Death
- ■TSP Make-Up
- □ FEGLI

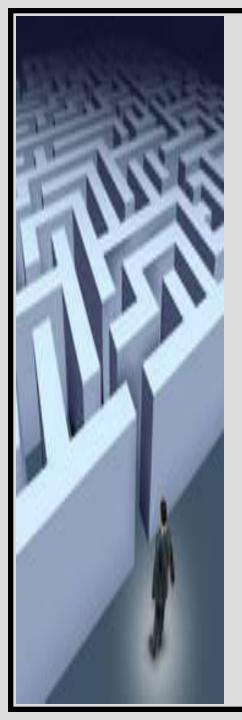


#### RETIREMENT PROCESSING TIME

1 JANUARY – 31 DECEMBER 2013



Goal: Complete retirement package NLT 5 working days prior to DOR.



#### **CONTINUING CHALLENGES**

- Last minute VERA/VSIP approvals
- Short notice retirement applications
- Federal Erroneous Retirement
   Coverage Corrections Act (FERCCA)
- Aging workforce



#### **ON THE HORIZON**

- Growing serviced population
- Phased Retirements
- eBATS (Benefits Automated Tracking System for employees)
- Injury Compensation

### **ANY QUESTIONS?**

#### **RETIREMENT PLANNING**



#### RETIREMENT PLANNING

- Early Career 25 + years to retirement
  - Contribute to TSP
  - Enroll in benefits (FEHB, FEGLI, FEDVIP, FSA)
  - Pay civilian deposit
  - Pay military deposit
  - New Employee Orientation briefing https://www.abc.army.mil/NewEmployee/NewEmployeeOrientation.htm
- Mid Career 10 24 years to retirement
  - Adjust benefits based on life situation
  - Review level of TSP participation & allocation between the funds

#### RETIREMENT PLANNING

- Late Career:
  - Less than 10 years prior to retirement:
    - Use calculators in EBIS to get a rough estimate of annuity
    - Determine income needed in retirement using the Federal Ballpark E\$timate calculator
    - Adjust TSP contributions & other savings based on results from calculators
  - Five years to retirement:
    - Verify eligibility to continue FEHB & FEGLI into retirement
    - Request a retirement estimate
    - Maximize TSP contributions & other savings

#### RETIREMENT PLANNING LINKS

#### **Federal Ballpark E\$timate:**

https://www.opm.gov/retire/tools/calculators/ballpark/BallparkIntro.asp

#### Retirement information & services provided by OPM:

http://www.opm.gov/retire/index.asp

#### **U.S. Financial Literacy Education Commission website:**

http://www.mymoney.gov

#### **Army Benefits Center–Civilian EBIS:**

https://www.abc.army.mil



### CIVIL SERVICE RETIREMENT SYSTEM (CSRS)

- New employees first hired in covered position prior to 01-01-1984
- Contribute 7% of salary to CSRS
- Do not contribute to Social Security
- Can contribute to TSP up to IRS limit, but no agency matching
- Lose eligibility for CSRS coverage if there is a break in service after 01-01-1984 of more than 1 year

#### **CSRS INTERIM**

- Employees first hired on/after 01-01-1984 & certain rehires
- Reduced CSRS contribution rate of 1.3%
- Contribute to Social Security
- On 01-01-1987, employees with CSRS Interim coverage changed to:
  - CSRS Offset if you had at least 5 years of civilian service
  - FERS if you had less than 5 years of civilian service

#### **CSRS OFFSET**

- Employees who were in CSRS Interim and had at least 5 years of civilian service as of 12-31-1986
- Employees who are or become subject to Social Security due to break in service & have at least 5 years of civilian service
- Reduced CSRS contribution rate of 0.8%
- Contribute to Social Security
- CSRS retirement benefits are "offset" by the value of your CSRS Offset service in your Social Security benefits

#### **CSRS OFFSET**

- You will receive a full CSRS annuity at retirement that is computed under the CSRS rules.
- HOWEVER, your annuity will be reduced when you become eligible to receive Social Security benefits.
- CSRS Offset annuity is reduced by the portion of your total Social Security benefit that is payable based on Federal service performed after 1983.
- If you never become eligible for Social Security benefits based on your own employment, there is no Offset.

#### **CSRS OFFSET**

**Example:** Employee has 5 years and 8 months of Offset service

The CSRS Offset is determined by taking the <u>lesser</u> of the 2 below computations

#### **Computation #1**

Social Security monthly benefit with Federal Offset service.....\$1,800 Social Security monthly benefit without Federal Offset service..\$1,500 Difference..\$300

#### **Computation #2**

Social Security amount with Federal earnings = \$1,800 X 6 years\* = \$10,800 divided by 40 = \$270

\* Nearest whole year to 5 years 8 months

Result: The reduction in this case would be based on computation #2, or \$270

### RETIREMENT SERVICE COMPUTATION DATE (RSCD)

- Used to determine retirement eligibility and to calculate retirement annuity
- May not be the same as your Leave SCD (SCD that appears on your SF 50 & LES)
- Not all service that is creditable for leave is creditable for retirement

## RETIREMENT SERVICE COMPUTATION DATE (RSCD)

Examples of service that is creditable for leave but not for retirement:

- Non-Appropriated Fund (NAF) service on a temporary appointment
- For retired military, campaign or combat service if retired military pay is not being waived
- If hired on/after 10-01-82, military service for which deposit has not been paid

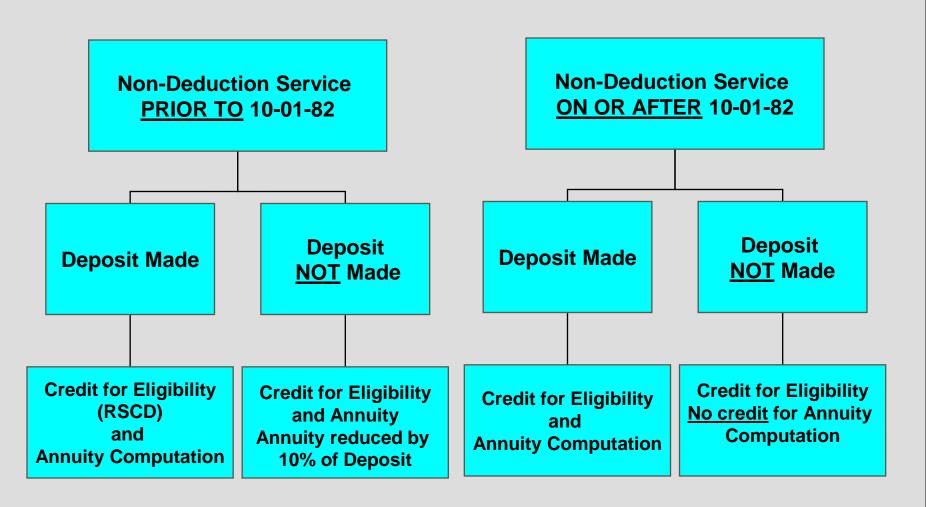
# CIVILIAN DEPOSIT/ REDEPOSIT



#### WHAT IS DEPOSIT SERVICE?

- Any period of potentially creditable service during which retirement deductions are not withheld:
  - Generally, non-career time such as temporary or indefinite service
  - Also known as non-deduction service
- Service that is now considered Federal employment, due to a change in the law that allows credit for retirement annuity computation purposes (Peace Corps, VISTA)
- Amount of deposit:
  - 7% of earnings + interest
  - Interest will vary by the date the service was performed

#### **DEPOSIT SERVICE**



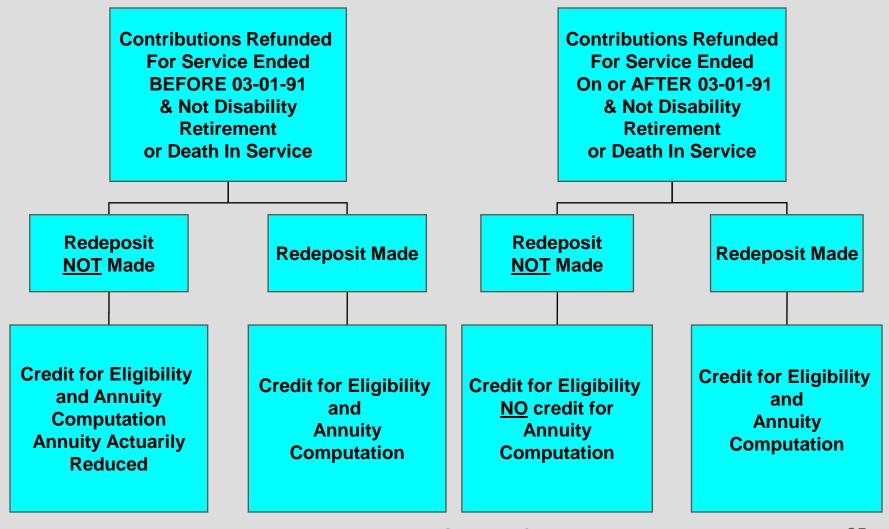
#### WHAT IS REDEPOSIT SERVICE?

A sum of money paid into the Fund by an employee or survivor to cover a period of service during which deductions were withheld but later refunded under CSRS provisions

 Redeposit = Amount of refund plus interest (Interest accrues from date of refund check)

Note: Redeposit may be made before or after retirement.

#### REDEPOSIT SERVICE



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#### **INTEREST RATES**

YEAR	RATE	YEAR	RATE	YEAR	RATE
2014	1.625%	2003	5%	1992	8.125%
2013	1.625%	2002	5.5%	1991	8.625%
2012	2.25%	2001	6.375%	1990	8.75%
2011	2.75%	2000	5.875%	1989	9.125%
2010	3.125%	1999	5.75%	1988	9.125%
2009	3.875%	1998	6.75%	1987	8.375%
2008	4.75%	1997	6.875%	1986	9%
2007	4.875%	1996	6.875%	1985	11.125%
2006	4.125%	1995	7%	1984	13%
2005	4.375%	1994	6.25%	1948 - 1984	3%
2004	3.875%	1993	7.125%	Before 1948	4%

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### HOW TO PAY A CIVILIAN DEPOSIT OR REDEPOSIT

- Complete front page of SF 2803, Application to Make Deposit or Redeposit (CSRS), and send to the ABC-C.
- ABC-C will calculate an estimated deposit/redeposit amount and mail to OPM.
- OPM will notify you of final deposit/redeposit amount and payment procedures.
- Ensure "Payment In Full" notice is filed in eOPF.
- More information is available on the ABC-C website at <a href="https://www.abc.army.mil/retirements/CSRSDepositService.htm">https://www.abc.army.mil/retirements/CSRSDepositService.htm</a>



#### **MILITARY DEPOSIT**

## PRE 01-01-1957 MILITARY SERVICE

No deposit required for creditable military service performed prior to 01-01-1957



# CREDIT FOR POST-56 MILITARY SERVICE

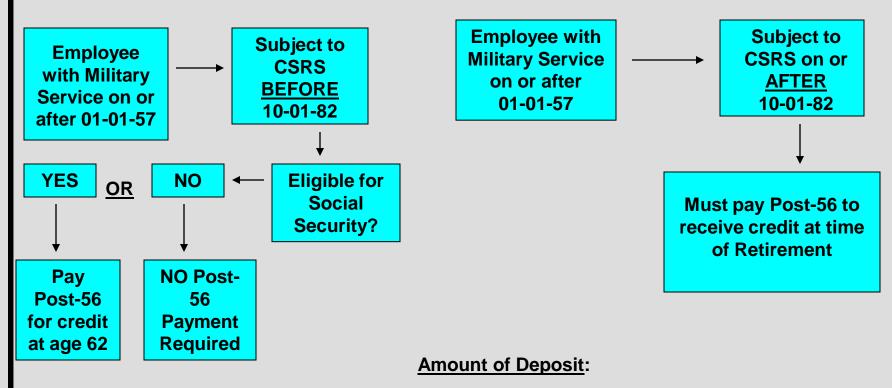
IN RECEIPT OF MILITARY
RETIRED PAY

Based on Non – Combat Disability or Length of Service Based on Combat
Disability or Chapter 1223,
Title 10 (Reserves)

No Credit unless
Military Retired Pay
is waived

Subject to CSRS before or after 10-01-82?
See Next Slide

## CIVILIAN SERVICE CREDIT FOR POST-56 MILITARY SERVICE



7% of base pay earned + interest (2 yrs interest free) (Interest will vary)

### HOW TO PAY A MILITARY DEPOSIT

- Complete Form RI 20-97, Estimated Earnings During Military Service, and send to the appropriate branch of service (addresses are on the ABC-C website). Include copies of all of your DD 214s.
- Upon receipt of estimated earnings, include your DD 214, SF 2803
  page 1 and SF 2803A and forward to the ABC-C. The ABC-C will
  calculate an estimate of the deposit owed and forward to DFAS.
- DFAS will finalize the amount owed and advise you of payment options.
- Ensure "Payment In Full" notice is filed in OPF.
- Military deposit must be paid in full prior to separation.
- More information is available on the ABC-C website at <a href="https://www.abc.army.mil/retirements/CSRSPost56.htm">https://www.abc.army.mil/retirements/CSRSPost56.htm</a>



### RETIREMENT REQUIREMENTS



#### **TYPES OF RETIREMENTS**

- Optional Retirement
- Voluntary Early Retirement Authority (VERA)
- Discontinued Service Retirement (DSR)
- Deferred Retirement
- Disability Retirement

### GENERAL ELIGIBILITY REQUIREMENTS

- Have at least 5 years of creditable <u>civilian</u> service with the Federal government.
- Have been employed under CSRS for at least 1 year out of the last 2 years preceding your final separation from Federal employment.
- Must separate from a position subject to CSRS coverage.

#### **OPTIONAL RETIREMENT**

- Eligibility requirements for Optional Retirement:
  - Age 55 with 30 years of service
  - Age 60 with 20 years of service
  - Age 62 with 5 years of service
- Must have at least 5 years creditable civilian service.
- Military service or sick leave may not be used to reach the five year rule.
- Annuity accrues the day after your retirement if your retirement is effective on the last day of month or the first three days of month.
- Annuity accrues the first day of following month if your retirement is effective after the third day of month.

# VOLUNTARY EARLY RETIREMENT AUTHORITY (VERA)

#### **EMPLOYEE ELIGIBILITY REQUIREMENTS:**

- Age 50 with 20 years of creditable service
- Any age with 25 years of creditable service
- Must include 5 years of creditable civilian service
- Agency/Installation must approve

#### **EFFECT ON EMPLOYEE BENEFITS:**

- 2% reduced annuity for each year under 55
- Permanent reduction

# DISCONTINUED SERVICE RETIREMENT (DSR)

#### **EMPLOYEE ELIGIBILITY REQUIREMENTS:**

- Age 50 with 20 years of creditable service
- Any age with 25 years of creditable service
- Must include 5 years of creditable civilian service
- Must receive a specific written notice of a proposed involuntary separation from your Agency/Installation
- Annuity accrues day after separation

#### **EFFECT ON EMPLOYEE BENEFITS:**

- 2% reduced annuity for each year under 55
- Permanent reduction
- NOT eligible for VSIP or severance pay

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### **DEFERRED RETIREMENT**

A deferred annuity is payable at age 62 to an individual who <u>separates</u> from service and is not entitled to an immediate annuity:

- At least five years of creditable civilian service
- Must meet the one-out-of-two requirement at the date of separation
- Has not taken a refund of retirement deductions for the last period of service

FEHB and FEGLI will not be reinstated at the time your annuity commences. Your application for retirement is sent directly to OPM.

### RETIREMENT FORMS

- SF 2801, Application for Immediate Retirement
- Copy of marriage certificate, if married at time of retirement
- SF 2801, Schedule A (Military Service Information), Schedule B (Military Retiree Pay), Schedule C (Federal Employees Compensation Information)
- SF 2801-2, Spouse's Consent to Survivor Election
- SF 2818, Continuation of Life Insurance Coverage
- W-4P, Withholding Certification for Pension or Annuity Payment
- State Tax Forms, if applicable
- SF 2809, Health Benefits Registration Form
- RI 79-9, Health Benefits Cancellation/Suspension Confirmation
- DD 214, Report of Separation from Active Duty (or equivalent)
- Proof of payment of military deposit (OPM 1514, Military Deposit Worksheet, or equivalent)
- Written notice of proposed separation (DSR, VSIP, VERA etc)
- https://www.abc.army.mil/Forms/RetirementForms.htm
- \*\* For Deferred retirement forms, contact OPM

### **UNUSED SICK LEAVE**

- Must retire on an immediate annuity
- Added to length of service for computation purposes only
- Additional time computed on the basis of a 2087 hour work year

Chart 2. -- Sick Leave Chart 2087 Hours

Chart for Converting Hours of Unused Sick Leave to Months and Days (See section 50A2.1-3G).

DAYS	1 Day	1 Month	2 Months	3 Months	4 Months	5 Months	6 Months	7 Months	8 Months	9 Months	10 Months	11 Months
0	0	174	348	522	696	870	1044	1217	1391	1565	1739	1913
1	6	180	354	528	701	875	1049	1223	1397	1571	1745	1919
2	12	186	359	533	707	881	1055	1229	1403	1577	1751	1925
3	17	191	365	539	713	887	1061	1235	1409	1583	1757	1930
4	23	197	371	545	719	893	1067	1241	1415	1588	1762	1936
5	29	203	377	551	725	899	1072	1246	1420	1594	1768	1942
6 7 8 9	35 41 46 52 58	209 214 220 226 232	383 388 394 400 406	557 562 568 574 580	730 736 742 748 754	904 910 916 922 928	1078 1084 1090 1096 1101	1252 1258 1264 1270 1275	1426 1432 1438 1444 1449	1600 1606 1612 1617 1623	1774 1780 1786 1791 1797	1948 1954 1959 1965 1971
11	64	238	412	586	759	933	1107	1281	1455	1629	1803	1977
12	70	243	417	591	765	939	1113	1287	1461	1635	1809	1983
13	75	249	423	597	771	945	1119	1293	1467	1641	1815	1988
14	81	255	429	603	777	951	1125	1299	1472	1646	1820	1994
15	87	261	435	609	783	957	1130	1304	1478	1652	1826	2000
16	93	267	441	615	788	962	1136	1310	1484	1658	1832	2006
17	99	272	446	620	794	968	1142	1316	1490	1664	1838	2012
18	104	278	452	626	800	974	1148	1322	1496	1670	1844	2017
19	110	284	458	632	806	980	1154	1328	1501	1675	1849	2023
20	116	290	464	638	812	986	1159	1333	1507	1681	1855	2029
21	122	296	470	643	817	991	1165	1339	1513	1687	1861	2035
22	128	301	475	649	823	997	1171	1345	1519	1693	1867	2041
23	133	307	481	655	829	1003	1177	1351	1525	1699	1873	2046
24	139	313	487	661	835	1009	1183	1357	1530	1704	1878	2052
25	146	319	493	667	841	1015	1188	1362	1536	1710	1884	2058
26	151	325	499	672	846	1020	1194	1368	1542	1716	1890	2064
27	157	330	504	678	852	1026	1200	1374	1548	1722	1896	2070
28	162	336	510	684	858	1032	1206	1380	1554	1728	1901	2075
29	168	342	516	690	864	1038	1212	1386	1559	1733	1907	2081

# EXAMPLE: COMPUTING TOTAL SERVICE WITH UNUSED SICK LEAVE

#### **TOTAL SERVICE**

2015-12-31 (DOR)

- 1983-03-12 (Ret-SCD)

32-09-19

#### **Unused Sick Leave**

1136 hours =

32-15-35=

33-04-05

### **HIGH - 3 AVERAGE SALARY**

- Weighted average of highest 3 years of basic pay (including locality pay/local market supplement)
- Must be 3 consecutive years
- Is usually the last 3 years
- Is the highest salary, not the highest grade
- Normally, the beginning date of the 3 year period is determined by subtracting 3 years from the date of retirement

# CIVIL SERVICE RETIREMENT SYSTEM

# FORMULA FOR COMPUTING ANNUITY FOR VOLUNTARY RETIREMENT:

1.5% X High-3 avg salary X first 5 years of service

#### **PLUS**

1.75% X High-3 avg salary X next 5 years of service

#### **PLUS**

 2.00% X High-3 avg salary X remaining service > 10 years (includes unused sick leave)

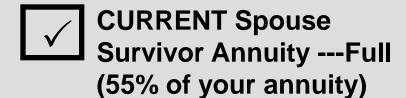
#### REDUCTIONS

- Age Reduction (VERA/DSR)
- Deposit/Redeposit Service
- Election of Survivor Benefits
- Post-56 Military Deposit -(Applies to CSRS Employees hired before 10-01-1982, if eligible for Social Security; known as "Catch 62")

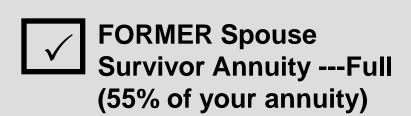
#### **DEDUCTIONS**

- Health Benefits
- Life Insurance
- Federal Income Taxes
- Federal Employees Dental and Vision Insurance Program (FEDVIP)
- Federal Long Term Care Insurance Program (FLTCIP)
- State Tax (if applicable)

## SURVIVOR ELECTION OPTIONS







FORMER Spouse
Survivor Annuity ---Partial
(55% of amount)

Combination Current /
Former Spouse Survivor
Annuity

Self Only Annuity
(No survivor benefit)

Insurable Interest
Survivor Annuity

# SURVIVOR BENEFIT COST / REDUCTION

Cost = 2.5% of base annuity <u>up to</u> \$3,600 plus
10% of base annuity <u>over</u> \$3,600

Example: \$30,000 base annuity (Max elected)

 $$3,600 \times 2.5\% = $90$ 

 $$26,400 \times 10\% = + $2,640$ 

Reduction/Cost = \$2,730 yearly

Survivor will receive 55% of base annuity = \$16,500 yearly

Example: \$30,000 base annuity (\$3,600 elected)

 $$3,600 \times 2.5\% = $90.00$ 

Reduction/Cost = \$90.00 yearly

Survivor will receive 55% of \$3,600 annuity = \$1,980 yearly

### **SURVIVOR BENEFIT PAYMENTS**

- The survivor benefit is payable for life unless the survivor remarries before age 55.
- Benefits will be restored if the remarriage terminates in death, annulment or divorce.

### **DISABILITY RETIREMENT**

- Disability Unable to render useful & efficient service because of disease or injury
- Must be in a position covered by CSRS
- Must have a minimum of 5 years creditable civilian service
- Disability annuity IS subject to Federal tax

#### **DISABILITY RETIREMENT**

# Submit all regular retirement forms PLUS

- SF 3112A Applicant's Statement of Disability
- SF 3112B Supervisor's Statement
- SF 3112C Physician's Statement
- SF 3112D Agency Certification of Reassignment & Accommodation Efforts
- FedMER Eligibility Statement (applicable to CSRS Offset Employees)

### **DEATH-IN-SERVICE**

- If you die while still an active employee, your survivor
   MAY be entitled to death benefits
- In the event of your death, your supervisor needs to contact your servicing Human Resources (HR)
   Representative or Human Resources Officer (HRO)
- HR will contact ABC-C
- An ABC-C specialist will contact the survivor within 24 hours

### **DEATH-IN-SERVICE**

Spousal Benefits: Monthly annuity (survivor benefits) payable if married to employee at least 9 months

**EXCEPTIONS** to the 9 months of marriage requirement:

- Spouse is the parent of a child of the marriage, or
- Death was accidental

#### **DEATH BENEFITS**

Children's Benefit(s) are payable if:

- The child is unmarried AND under 18, or
- Under age 22 if full-time student, or
- Any age if disabled before 18
- Children's Benefit is the same if death-in-service or death as an annuitant

### **DEATH BENEFITS**

- Up to 3 children if a parent is living
  - 2014 rate is \$502 per month per child
  - More than 3 children, \$1,506 divided by # of children
- Up to 3 children if no living parent
  - 2014 rate is \$602 per month per child
  - More than 3 children, \$1,807 divided by # of children

### **DESIGNATION OF BENEFICIARY**

#### **Beneficiary Forms:**

- SF 1152 (Unpaid Comp)
- SF 2823 (FEGLI)
- SF 2808 (CSRS)
- TSP 3 (TSP)



#### **Order of Precedence:**

- Court Order
- Designation of Beneficiary
- Widow or Widower
- Children (and/or descendants of deceased children)
- Parents
- Executor or Administrator of Estate
- Next of Kin

# COST OF LIVING ADJUSTMENTS (COLA)

- The annual cost-of-living increase is based on the percentage increase in the Consumer Price Index (CPI)
- Normally, the rates are effective December 1 of each year and payable in the January 1 annuity check.
  - An annuitant's first COLA is prorated based on the number of months on the annuity rolls prior to the COLA.
  - A month is credited only if the annuity commenced on or before the last day of the month.
  - The full COLA as prescribed by law will be received each year thereafter.
  - The COLA for 2014 is 1.5%.

# WINDFALL ELIMINATION PROVISION (WEP)

- If you didn't pay Social Security taxes on your government earnings and you are eligible for Social Security benefits, the formula used to figure your benefit amount may be modified, giving you a lower Social Security benefit.
- WEP affects Social Security benefits when any part of your Federal service after 1956 is covered under the Civil Service Retirement System (CSRS). However, Federal service where Social Security taxes are withheld (Federal Employees Retirement System or CSRS Offset) will not reduce your Social Security benefit amounts.

# WINDFALL ELIMINATION PROVISION (WEP)

- WEP does not apply to survivors benefits. It also does not apply if:
  - You are a Federal worker first hired after December 31, 1983;
  - You were employed on December 31, 1983, by a nonprofit organization that did not withhold Social Security taxes from your pay at first, but then began withholding Social Security taxes from your pay;
  - Your only pension is based on railroad employment;
  - The only work you did where you did not pay Social Security taxes was before 1957; or
  - You have 30 or more years of substantial earnings under Social Security.

# GOVERNMENT PENSION OFFSET (GPO)

- If you receive a pension from a Federal, state or local government based on work where you did not pay Social Security taxes, your Social Security spouse or survivor's benefits may be reduced. You are exempt from the GPO if you were contributing to Social Security for your last 5 years of federal employment.
- Your Social Security benefits will be reduced by 2/3s of your government pension.

Monthly civil service pension - \$1,200

2/3s offset to Social Security
 -\$ 800

Spouse or survivor benefit - \$1,000

Final amount due- \$ 200

(\$1,000 - \$800 = \$200)

http://www.socialsecurity.gov/gpo-wep/

# NON-APPROPRIATED FUND (NAF) RETIREMENT PROCESSING

NAF Retirement System - Contact nearest NAF office

CSRS Retirement Plan – Contact the ABC-C



**Self Only** 



Self & Family

#### **Additional Information:**

http://www.opm.gov/insure/health

**OPM Telephone: 1-888-767-6738** 

- Retire on an immediate annuity
- Be insured on the date of retirement

- Covered for the 5 years of service prior to retirement or since your FIRST opportunity to enroll (special rules for VERA, VSIP and DSR, see next slide)
- Coverage as a family member under FEHB or **CHAMPUS/TRICARE** counts towards 5 year requirement (employee must be enrolled in FEHB prior to retirement) 63

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Pre-approved automatic waiver of 5-year requirement:

- Must be enrolled in FEHB on the first day of the buyout period (October 1 of the current FY) and
- Retire during the buyout period; and
- Receive a buyout (VSIP); or
- Take voluntary early retirement (VERA) as a result of early-out authority; or
- Take a DSR based on involuntary separation due to reduction in force

- Cost of FEHB is the same for retirees and active employees except that premiums are paid on a monthly basis vs. bi-weekly
- Same Open Season and qualifying life event (QLE) opportunities as active employees
- Same FEHB plans available to retirees as active employees
- Once you cancel FEHB coverage in retirement, you can never reenroll
- Retirement is not a qualifying life event for changing your FEHB enrollment
- At age 65, enrollment in Medicare is optional. If enrolled, it becomes your primary and your FEHB plan becomes your secondary provider.

- Retirees can suspend FEHB for TRICARE, Medicaid (or similar state sponsored program) or Medicare Advantage (Medicare Part C) and return to FEHB coverage during Open Season or immediately upon involuntarily losing non-FEHB coverage.
- Retirees do not participate in Premium Conversion.
- Your spouse is eligible to continue FEHB coverage after your death <u>only</u> if you have Self and Family coverage and you elect to provide a survivor benefit at retirement.

### **MEDICARE**

- Part A (Hospitalization) No Cost
  - Enroll at age 65
  - Enrollment is automatic at age 65 if you are receiving Social Security benefits
- Part B (Medical) Monthly premium based on yearly adjusted gross income
- Part C An optional health plan offered by a private company approved by Medicare
- Part D (Drug) Monthly premium



**Additional Information:** 

www.opm.gov/insure/life

**OPM Telephone: 1-888-767-6738** 

- Retire on an immediate annuity
- Insured on date of retirement
- Enrolled in each Option and Multiple for the 5 years of service prior to retirement <u>OR</u> since your FIRST opportunity to enroll
- Election Form: SF2818 Continuation of Life Insurance Coverage

#### **BASIC LIFE OPTIONS:**

Basic Insurance Amount (BIA) is based on your final annual salary rounded up, plus \$2,000. Ex: \$51,400 = \$52,000 + \$2,000 = Amt of Basic Ins \$54,000

Options	Before age 65	After age 65
75% reduction	BIA x .3250 (per \$1,000) ex: \$17.55 per month	NO COST Coverage reduces 2% per mth for 37.5 mths until it reaches a final value of \$13,500
50% reduction	BIA x .9650 (per \$1,000) ex: \$52.11 per month	BIA x .6400 (per \$1,000) ex: \$34.56 per month
		Coverage reduces 1% per mth for 50 mths until it reaches a final value of \$27,000
NO reduction	BIA x 2.2650 (per \$1,000) ex: \$122.31 per month	BIA x 1.9400 (per \$1,000) ex: \$104.76 per month

# FEGLI IN RETIREMENT OPTION A - STANDARD COVERAGE:

**OPTION A - Standard = \$10,000** 

Age Group	Monthly Cost
Under 35	\$0.65
35 thru 39	<b>\$0.87</b>
40 thru 44	\$1.30
45 thru 49	\$1.95
50 thru 54	\$3.03
55 thru 59	<b>\$5.85</b>
60 thru 64	\$13.00
65 & Above	NO COST

At age 65 coverage reduces by 2% per month for 37.5 months until it reaches \$2,500.

#### OPTION B – ADDITIONAL COVERAGE (1 – 5 MULTIPLES OF PAY):

OPTION B - Ex: Annual Salary \$51,400 1x Multiple elected = \$52,000

Age Group	Mthly Cost @ \$1000	Mthly Cost
Under 35	\$0.043	\$2.24
35 thru 39	\$0.065	\$3.38
40 thru 44	\$0.108	<b>\$5.62</b>
45 thru 49	\$0.173	\$8.99
50 thru 54	\$0.282	\$14.66
55 thru 59	\$0.498	\$25.90
60 thru 64	\$1.127	\$58.60
65 thru 69	\$1.343	\$69.84
70 thru 74	\$2.470	\$128.44
75 thru 79	\$3.900	\$202.80
80 & Above	\$5.200	\$270.40

FULL REDUCTION: At age 65, no cost & coverage reduces by 2% per month

for 50 months at which time coverage ends

**NO REDUCTION:** Coverage & premium continue

### **FEGLI IN RETIREMENT**

### OPTION C – FAMILY COVERAGE (1 – 5 MULTIPLES):

OPTION C - Spouse = \$5,000 (1x Multiple) / Each Child = \$2,500 (1x Multiple)

Age Group	Mthly Cost per Multiple	Mthly Cost (1x)
Under 35	\$0.48	\$0.48
35 thru 39	\$0.63	\$0.63
40 thru 44	\$0.91	\$0.91
45 thru 49	\$1.37	\$1.37
50 thru 54	\$2.04	\$2.04
55 thru 59	\$3.29	\$3.29
60 thru 64	\$5.85	\$5.85
65 thru 69	\$6.80	\$6.80
70 thru 74	\$7.80	\$7.80
75 thru 79	\$10.40	\$10.40
80 & Above	\$14.30	\$14.30

<u>FULL REDUCTION</u>: At age 65, no cost & coverage reduces by 2% per month for 50 months at which time coverage ends

**NO REDUCTION:** Coverage & premium continue



# **TSP IN RETIREMENT**

**Thrift Savings Plan** 

Telephone: 1-877-968-3778

TDD: 1-877-847-4385

Monday through Friday 7:00 a.m. – 9:00 p.m. ET

Mailing Address: Post Office Box 385021 Birmingham, AL 35238

http://www.tsp.gov

# **THRIFT SAVINGS PLAN (TSP)**

- Provides a choice of tax treatment for contributions:
  - Traditional (pre-tax) contributions and tax deferred investment earnings and
  - Roth (after-tax) contributions with tax-free earnings at retirement.
- Provides the opportunity to increase your retirement income
- You must be in a position subject to retirement deductions to contribute
- TSP offers two approaches to investing your money:
  - L Funds are "Lifecycle" Funds invested in a mix of stocks, bonds, & Government securities
  - Individual Funds are the G, F, C, S, I funds

# **TSP FUNDS**

- Government Securities Investment (G) Fund
  - Invested in short-term U.S. Treasury securities
  - Interest income without risk of loss of principal
  - Payment of principal & interest is guaranteed
  - Low risk
  - 10-year annual return: 3.61%
- Fixed Income Index Investment (F) Fund
  - Government, corporate & mortgage-backed bonds
  - Invested in bond index fund that tracks Barclays Capital U.S. Aggregate bond index
  - Offers opportunity to earn rates of return that exceed money market fund rates over the long term
  - Low to moderate risk
  - 10-year annual return: 5.25%

# **TSP FUNDS**

- Common Stock Index Investment (C) Fund
  - Stocks of large & medium-sized US companies
  - Invested in stock index fund that tracks the Standard & Poors (S&P) 500 stock index
  - Potential to earn high investment returns over the long term
  - Moderate risk
  - 10-year annual return: 7.12%
- Small Capitalization Stock Index (S) Fund
  - Stocks of small to medium-sized US companies
  - Invested in stock index fund that tracks Dow Jones Wilshire 4500 Completion (DJW 4500) index
  - Earn potentially higher investment returns over the long term than in the C Fund
  - Moderate to high risk (more than the C Fund)
  - 10-year annual return: 10.79%

# **TSP FUNDS**

- International Stock Index Investment (I) Fund
  - International stocks of 21 developed countries
  - Invested in stock index fund that tracks the Morgan Stanley Capital International EAFE (Europe, Australasia, Far East) index
  - Potential to earn high investment returns over the long term
  - Moderate to high risk
  - 10-year annual return: 8.39%
- Lifecycle (L) Fund
  - Each L Fund is invested in the individual TSP funds (G, F, C, S, I), using investment allocations that are tailored to different time horizons
  - Objective is to provide the highest possible rate of return for the amount of risk taken
  - Subject to the risks of the individual funds
  - Expected returns will be approximately equal to weighted average of the G, F, C, S, I Funds' returns

# LIFECYCLE FUNDS

FUND	TIME HORIZON	GROWTH	RISK
L Income	Today and the near future	Low	Low
L 2020	2015 through 2024	Moderate	Moderate
L 2030	2025 through 2034	Moderate to High	High
L 2040	2035 through 2044	High	High
L 2050	2045 or later	High	High

# LIFECYCLE FUNDS FUND ALLOCATIONS

L FUND	G Fund	F Fund	C Fund	S Fund	I Fund
L Income	74%	6%	12%	3%	5%
L 2020	37.40%	7.35%	29.45%	9.40%	16.40%
L 2030	23.15%	8.35%	35.40%	13.40%	19.70%
L 2040	12.15%	9.35%	39.40%	16.70%	22.40%
L 2050	3.83%	7.67%	43.40%	18.70%	26.40%

# **TSP PROJECTION**

Amount of Annual TSP Contribution	# of Years to Contribute	Rate of Return (based on 10-year summary of annual returns for C Fund)	Projected TSP Account Balance
(15% of \$50,000)			
\$7,500	10	7%	\$108,347
(15% of \$50,000)			
\$7,500	20	7%	\$326,089
(15% of \$50,000)			
\$7,500	30	7%	\$763,677
(10% of \$50,000)			
\$5,000	30	7%	\$509,118
(5% of \$50,000)			
\$2,500	30	7%	\$254,599

# **TSP WITHDRAWAL OPTIONS**

- Automatic cashout (accounts less than \$200)
- Leave money in the TSP
- Full Withdrawal
  - Single payment
  - Monthly payments
  - Life annuity
- Mixed Withdrawal
- Must begin to receive TSP funds by April 1 of the year following the year you are 70 ½

#### **HOW TO APPLY:**

**TSP-70 FORM - Withdrawal Request** 

# **TSP CATCH-UP CONTRIBUTIONS**

- Open to TSP participants age 50 or older
- Not eligible for agency automatic 1% matching contribution
- Limited to \$5,500 for year 2014
  - Must be contributing IRS yearly maximum, \$17,500 for 2014
  - Must make new election each year

Elections made via EBIS at <a href="https://www.abc.army.mil">https://www.abc.army.mil</a>

# LONG TERM CARE INSURANCE (LTCI)

Want to talk with a Certified Long Term Care Insurance Consultant?

Tel: 1-800-LTC-FEDS (1-800-582-3337)

TTY: 1-800-843-3557

Mon - Fri 8 a.m. - 8 p.m. ET

Sat 9 a.m. - 5 p.m. ET

Closed Sun and Federal holidays.

http://www.ltcfeds.com

# FLEXIBLE SPENDING ACCOUNTS (FSA)

To receive more information regarding FSAs, please contact a SHPS counselor.

Retirees are not eligible to continue FSA.

Email: FSAFEDS@shps.net

Telephone: 1-877-FSAFEDS (1-877-372-3337)

TTY: 1-800-952-0450

- Mon-Fri 9 am 9 pm ET
- Closed Weekends and Holidays
- http://www.fsafeds.com

# FEDERAL EMPLOYEES DENTAL & VISION INSURANCE PROGRAM (FEDVIP)

Can enroll in dental, vision, or both Self Only Self & One Self & Family

#### **Dental Benefits**

Diagnostic

Preventative

**Emergency Care** 

Restorative

Oral/Maxillofacial Surgery

**Endodontics** 

**Periodontics** 

**Prosthodontics** 

**Orthodontics** 

#### **Vision Benefits**

**Diagnostic Services** 

**Preventative Services** 

Eyewear

- Glasses
- Contacts

#### **ENROLL AT**

https://www.benefeds.com

1-877-888-3337

TTY 1-877-889-5680

### RETIREMENT ESTIMATE

- Request your retirement estimate no more than 5 years prior to your retirement eligibility date
- ABC-C will compute one retirement estimate every three years
- Retirement estimate includes:
  - Verification of military & civilian service documented in your Official Personnel Folder (eOPF)
  - Calculation of amount of civilian deposit and/or redeposit owed
  - Impact of unpaid civilian deposit/redeposit & military deposit on your retirement annuity
  - Confirmation of your current FEHB & FEGLI enrollment & your eligibility to continue these benefits into retirement

# **ABC-C RETIREMENT PROCESS**

- 5 years prior to retirement eligibility:
  - Contact the ABC-C for retirement estimate & information
  - Call ABC-C with questions on retirement estimate
- 180 days prior to retirement:
  - Download forms from ABC-C website
  - Call ABC-C for help with the retirement forms
- 90-120 days prior to retirement:
  - Mail original retirement forms to ABC-C
  - Maintain personal copy
  - Provide good retirement address & contact information

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# **ABC-C RETIREMENT PROCESS**

- 30-60 days prior to retirement:
  - Retirement package assigned to counselor
- ABC-C retirement counselor:
  - Verifies required forms and documents
  - Processes retirement package
  - Provides final retirement counseling
  - Retirement package is forwarded to DFAS



# RETIREMENT PROCESS

- 2 4 weeks after retirement:
  - Final paycheck is received
  - Lump sum annual leave is paid
  - VSIP payments if applicable
- 6 8 weeks after retirement:
  - Receive 1<sup>st</sup> INTERIM payment
  - Receive letter from OPM with CSA number

Office of Personnel Management Retirement Operations Center P.O. Box 45 Boyers, PA 16017

www.opm.gov

email: retire@opm.gov

Tel: 1-888-767-6738

**Social Security Administration** 

www.ssa.gov

www.medicare.gov

Tel: 1-800-772-1213

**IRS Publication 721** 

www.irs.gov

Tel: 1-800-Tax-Form

# CHANGING or WITHDRAWING YOUR RETIREMENT

- Your request to change your date of retirement or to withdraw your retirement application must be in writing and
  - Must be signed
  - May be faxed to ABC-C
- If you are receiving a VERA and/or VSIP, your request must be signed by your CPAC/HR Professional
- Submit the request to ABC-C as soon as you have made a decision
- Changing or withdrawing your retirement MAY cause problems with your paycheck

# RETURNING TO FEDERAL EMPLOYMENT

### **IMPORTANT!!**

If you are retiring and immediately being hired by NAF, transferring to other Federal employment, or returning as a reemployed annuitant, you must notify the ABC-C before your retirement is processed. This should prevent erroneous payout of your lump sum annual leave.

# FOR ADDITIONAL RETIREMENT INFORMATION

#### **CONTACT THE ABC-C**

- Toll Free 1-877-276-9287
- Counselors are available from 6 am 6 pm CT
- Website: <a href="https://www.abc.army.mil">https://www.abc.army.mil</a>
- Mailing Address: 301 Marshall Avenue, Ft. Riley, KS 66442-5004

# **ABC-C TELEPHONE CHART**

# Army Benefits Center - Civilian 1-877-276-9287

#### **Select:**

1= Army Civilian

2= DCMA Civilian

3= National Guard

4= Non-Appropriated Fund or Uniformed Service

Member

